

October

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1.		1. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Knitting.....2:00	2. Chair Yoga.....9:15 Pastel Art.....10:30 Meditation.....10:30 Hi Lo Jack.....1:00	3. Mahjongg.....9:00 Bone Builders.....9:00 Keep Moving.....10:30 Pool Tournament...12:30 Cribbage.....1:00 Bingo.....1:30
6. Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	7. Yoga.....9:30 Water color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Beginners line dancing.....1:00 Bingo.....1:30 Cornhole.....2:15	8. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Book Club.....1:00 Knitting.....2:00 KWV Meeting.....2:00	9. Chair Yoga.....9:15 Pastel Art.....10:30 Hi Lo Jack.....1:00	10. Mahjongg.....9:00 Bone Builders.....9:00 Keep Moving.....10:30 Cribbage.....1:00 Bingo.....1:30
13. Closed In Observance of Columbus day	14. Yoga.....9:30 Water Color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Beginners line dancing.....1:00 Bingo.....1:30 Cornhole.....2:15	15 Salem Trip.....7:00 Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Medication Mgmt.....1:00 Knitting.....2:00	16. NO Chair Yoga.....No Pastel Art.....10:30 Meditation.....10:30 Hi Lo Jack.....1:00 United Health.....1:30	17. Mahjongg.....9:00 Bone Builders.....9:00 Keep Moving.....10:30 Pool Tournament...12:30 Cribbage.....1:00 Bingo.....1:30
20. SHIP Counseling..... BA Flu Clinic.....BA Sewing Class.....10:00 Reiki.....BA Hi/ Lo Jack1:00 Scrabble.....1:00	21. Yoga.....9:30 Water Color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Beginners line dancing.....1:00 Bingo.....1:30 Cornhole.....2:15	22. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Aetna.....1:30 Knitting.....2:00	23. ATEL.....BA Chair Yoga.....9:15 Pastel Art.....10:30 Hi Lo Jack.....1:00 Dinner Trip.....3:15	24. Mahjongg.....9:00 Bone Builders.....9:00 Keep Moving.....10:30 Hot Choc Bar.....12:30 Cribbage.....1:00 Bingo.....1:30
27. SHIP Coueseling.....BA Co. Line dance.....9:30 Sewing Class.....10:00 Jewelry making.....10:30 Hi/ Lo Jack1:00 Scrabble.....1:00	28. Yoga.....9:30 Water Color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Beginners line dancing.....1:00 Bingo.....1:30 Cornhole.....2:15	29. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 BCBSRI.....1:00 Knitting.....2:00	30. Chair Yoga.....9:15 Pastel Art.....10:30 Meditation.....10:30 Hi Lo Jack.....1:00	31. Mahjongg.....9:00 Bone Builders.....9:00 NO Keep Moving.....NO Pool Tournament...12:30 Cribbage.....1:00 Bingo.....1:30