

Melissa Bouvier, Director

December 2025

GLOCESTER SENIOR CENTER



December News

1210 Putnam Pike , Chepachet, RI 02814 401-567-4557 www.glocesterri.org

Need help paying
your residential
heating bills?

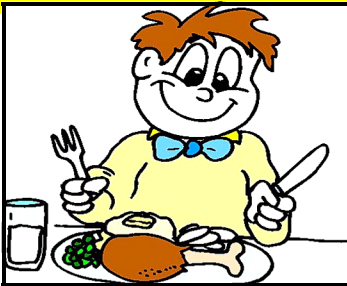
LIHEAP

May help income
eligible households
pay their heating bills,
offers weatherization
services, and may be
able to assist in
heating crisis situa-
tions. Ask me for info

LUNCH Reservations

Must be made by
Wednesday the week be-
fore you wish to eat.

(401) 567-4557



*****Reminder*****

Please do not come to
the Center if you are
sick or have any symp-
toms such as fever,
chills, coughing,
sneezing, runny nose
or a sore throat.

Holiday Party

December 18th 12:00pm -3:00pm

Luncheon

Italian Wedding Soup

Chicken Cordon Bleu

Brussel sprouts

Mashed potatoes

Holiday Dessert buffet

*DJ's Larry & Pauline will be here play-
ing all your favorite hits from years past.*

Come cut the rug and have some fun.

*Reserve your spot at the scan in kiosk. Space
is limited to 100 and sells out quick!*

LET'S HAVE SOME FUN!!!

Glocester Senior Center Book Discussion 2025-2026

Second Wednesday of each month at 1:00pm



December 10	Beautiful Country: A Memoir by Qian Julie Wang
January 14	Haven by Emma Donoghue
February 11	Apples Never Fall by Liane Moriarty
March 11	A Duty to the Dead by Charles Todd
April 8	This Dark Road to Mercy by Wiley Cash
May 13	Isola by Allegra Goodman
June 10	Remarkably Bright Creatures by Shelby Van Pelt

Dinner Meet Up

The Golden Greek

Thursday December 11th

Reservations at 4:00 pm

**Please RSVP with Melissa
for reservation purposes.**



Find us on Facebook

Glocester Senior Center

- ◇ Stay up to date with cancellations
- ◇ Check out all the fun things that we offer
- ◇ See your friends having fun



December 2025 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 #1 Tuscan white bean soup Shepards pie (peas carrots, corn) Mashed potato Oatmeal raisin cookie #2 Ham & cheese on wheat	2 #1 Mushroom barley soup Creamy Dijon chicken Green beans Sweet potatoes Sliced melon #2 Tuna salad plate	3 #1 Lentil vegetable soup Meatball sandwich 3-bean salad Roasted potato Fresh fruit #2 Tossed salad w/chicken	4 #1 Tomato soup Meatloaf w/ gravy Sweet potatoes Cauliflower & Broccoli mix Fruit cocktail #2 Chef salad	5 #1 Chicken soup Pub burger w/ cheese Cole slaw Corn ribs Cake #2 Chicken salad on wheat
8 #1 Escarole & bean soup Baked chicken topped w/ Eggplant Bolognese Roasted vegetable Chocolate chip cookie #2 Egg salad on rye	9 #1 Minestrone soup Baked Ziti w/ Meatball, spinach & cheese Roasted carrots Sliced pears #2 Seafood salad plate	10 #1 Vegetable soup Pork roast w/ gravy Mixed vegetables Spanish rice Sliced peaches #2 Turkey sandwich on wheat	11 #1 Chicken soup Salisbury steak w/gravy Kale Mashed potatoes Cake #2 Ham & cheese on wheat	12 #1 Broccoli & cheese soup Chicken cacciatore Rice pilaf Peas & carrots Sliced apples #2 Chef salad
15 #1 Kale & chickpea soup Greek style chicken thigh Golden rice pilaf Mixed vegetables Tropical fruit #2 Tossed salad w/ chicken	16 #1 Irish vegetable soup Meatball sandwich Broccoli florets Sliced peaches #2 Egg salad on rye	17 #1 Meatball soup Sloppy joe sandwich Roasted potatoes Green beans Yellow cake #2 Tuna salad plate	18 Holiday Meal #1 Italian wedding soup Chicken cordon bleu Brussel sprouts Mashed potatoes Holiday desserts	19 #1 Navy bean soup Lasagna roll up w/ meat sauce Roasted zucchini mix Garlic bread Peaches #2 Chicken salad sandwich
22 #1 Vegetable soup Oven roasted chicken Spanish rice Tomato corn salsa Chocolate chip cookie #2 Turkey & cheese on wheat	23 #1 Chicken soup Swedish meatballs Mashed potatoes Capri vegetables Sliced pears #2 Chef salad	24 #1 Orange juice Scrambled eggs Home fries Bacon Muffins Ham & cheese on wheat	25 MERRY CHRISTMAS	26 Jaimee's Famous Stuffed Pepper Soup with Bread
29 #1 Vegetable barley soup Sausage & pepper sandwich 3-bean salad Greek salad Lorna Doone cookie #2 Chicken salad on wheat	30 #1 Chicken & rice soup Chicken marsala Rice pilaf Baby carrots Sliced fruit #2 Tossed salad w/ chicken	31 #1 Orange juice Scrambled eggs Potatoes O'Brien Sliced ham Muffins Bagel sandwich		

WELCOME!

Our suggested donation is \$3.00 per meal.
Lunch is served At 12:00 pm

The menu is subject to change without notice.

All menu items may contain nuts, seeds, beans, wheat, bran and other potential allergens.



Please reserve your weekly meal choice(s) by noon on Thursday, monthly orders accepted, changes 48 hours in advance. EBT cards are accepted at the Social Street site!

Call 766-3734 for information.

SERVING SIZES

Grains – 2 ounces
Vegetables – ½ cup
Fruits – ½ cup
Protein – 3 ounces
Dairy – 1 cup

December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1. SHIP Counseling..... BA Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	2. Yoga.....9:30 Water color.....10:30 NO Move it or lose it.....NO Samba.....1:00 Bingo.....1:30 Open enrollment Discussion 1:30	3. Bone builders.....9:15 Mahjongg.....9:30 NO Keep Moving.....NO Cribbage.....1:00 Paul Brule.....1:00 Knitting.....2:00	4. Chair Yoga.....9:15 Pastel Art.....10:30 Meditation.....10:30 Hi Lo Jack.....1:00	5. Mahjongg.....9:00 Bone Builders.....9:15 NO Keep Moving.....No Pool Tourney.....12:00 Cribbage.....1:00 Bingo.....1:30
8. Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	9. Yoga.....9:30 Water color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Bingo.....1:30	10. Bone builders.....9:15 Mahjongg.....9:30 Crafting with Casey.....10:00 Keep Moving.....10:30 Book Club.....1:00 Cribbage.....1:00 Knitting.....2:00	11. ATEL Tech Support.....9-11 Chair Yoga.....9:15 Pastel Art.....10:30 Meditation.....10:30 Hi Lo Jack.....1:00	12. Mahjongg.....9:00 Bone Builders.....9:15 Bazaar.....10:00-2:30 Keep Moving.....10:30 Cribbage.....1:00 Bingo.....1:30
15. Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	16. Yoga.....9:30 Jewelry Making.....10:00 Water color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Bingo.....1:30	17. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Knitting.....2:00	18.. 	19. Mahjongg.....9:00 Bone Builders.....9:15 Pool Tourney.....12:00 Cocoa Bar.....12:30 Keep Moving.....10:30 Cribbage.....1:00 Bingo.....1:30
22. Co. Line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	23. Yoga.....9:30 Water Color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Bingo.....1:30	24. Bone builders.....9:15 Mahjongg.....9:30 NO Keep Moving.....NO Brunch served at 11:30 Close at noon	25. 	26. Mahjongg.....9:00 Bone Builders.....9:15 NO Keep Moving....NO Cribbage.....1:00 Bingo.....1:30
29. Co. Line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	30. Yoga.....9:30 Water Color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Bingo.....1:30	31. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Brunch served at11:30 Close at noon		

**Reminder Bakers needed for
our
In-house "Bazaar" on
December 12th**



**Baked goods are due on
Dec 11th by noon**

Please sign up at the reception desk.

ATEL

**One on one
Tech Support
December 11th
By appointment**

**(Please Note: If he is sitting
alone the day of, you can ap-
proach him with questions)**



**Starting in January!!!
Tuesdays at 1:00 pm
Join Susan Sgambato
for Zumba Gold
Senior Cardio Dance**

**Crafting with Casey
Join us**

December 10th

At 10:00 am

**For a fun time being
creative with Casey**

Space is limited

RSVP today.

December 3rd
at 1:00 pm

Attorney **Paul A. Brule** will be here to discuss and answer your questions on how to protect yourself from nursing homes, probate and taxes. He will also be addressing topics such as Wills, Trusts, Powers of Attorney, Medicaid and other related concerns that you might have. He is a Rhode Island attorney with over thirty (30) years of experience, as well as the author of a monthly legal column in the Senior Digest. Come and meet the author! You don't have to sign up and you don't have to be a member to attend.



Join us for a
Hot Cocoa Bar
December 19th
12:30 pm

Sponsored by
Bayberry Commons

**Jewelry Making with
Donna**

December 16th

@ 10:00 am

**Space is limited RSVP with
Melissa**





Join Us
Friday
December 12th
10:00 am-2:30 pm

Spread
The
Word



Support
Our
Center

- *Sewing group items
- *Knitted items
- *Bake sale
- * Raffle Baskets
(winners to be drawn 12/18)

