

# February 2026 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> #1 Navy bean soup Chicken teriyaki Roasted vegetables Sweet potatoes Sliced peaches #2 Chicken salad on wheat	<b>3</b> #1 Vegetable soup Lasagna roll up w/ meat sauce Greek cucumber salad Garlic bread Sugar cookies #2 Tossed salad w/ chicken	<b>4</b> #1 Vegetable barley soup Mediterranean chicken Potatoes, mushrooms & tomatoes Sliced melon #2 Tuna salad plate	<b>5</b> #1 Tomato rice soup Pork roast w/ gravy Mashed potatoes Green beans Cake #2 Greek salad w/ chicken	<b>6</b> #1 Mediterranean Lentil soup Sausage & pepper sandwich Roasted Potato Cole slaw Watermelon #2 Turkey & cheese on wheat
<b>9</b> #1 Escarole & bean soup Chicken Francese Lemon rice Roasted vegetable Chocolate chip cookie #2 Egg salad on rye	<b>10</b> #1 Minestrone soup Creamy Dijon chicken Green beans Roasted potatoes Sliced pears #2 Seafood salad plate	<b>11</b> #1 Tomato soup Sweet & sour pork Vegetable fried rice Stir fry vegetables Sliced melon #2 Turkey sandwich on wheat	<b>12</b> <u><b>Valentine's Luncheon and DJ</b></u>  Chicken escarole soup Chicken cordon bleu w/ gravy Roasted sweet potatoes Mixed vegetables Cake	<b>13</b> #1 Broccoli & cheese soup Pub burger w/cheese 3 bean salad Chips Sliced apples #2 Greek salad w/ chicken
<b>16</b> <b>Closed in Observance of Presidents' Day</b>	<b>17</b> #1 Fresh fruit cup Beef stew w/ vegetables Roasted vegetables Chocolate chip cookie #2 Egg salad plate	<b>18</b> #1 Vegetable soup Honey glazed pork roast Roasted potatoes Green beans Yellow cake #2 Tuna salad plate	<b>19</b> #1 Mushroom barley soup Sliced turkey Mashed sweet potatoes Roasted carrots Sliced melon #2 Chef salad	<b>20</b> #1 Navy bean soup Baked Fish Roasted zucchini mix Rice pilaf Peaches #2 Chicken salad sandwich
<b>23</b> #1 Chicken barley soup Oven roasted chicken Rice pilaf Roasted vegetables Tropical fruit #2 Tossed salad w/ chicken	<b>24</b> <b>Pizza Day</b>	<b>25</b> #1 Chicken soup Swedish meatballs Mashed potatoes Broccoli florets Sliced melon #2 Italian grinder	<b>26</b> #1 Kale & chickpea soup Pot roast w /gravy Roasted potatoes Balsamic glazed carrots Cake #2 Greek salad w/ chicken	<b>27</b> #1 Tomato soup Baked fish sandwich Cole slaw Roasted sweet potatoes Sliced pears #2 Tuna salad on rye
			<b>Dinner rolls are served with all meals</b>	<b>All menu items may contain nuts, seeds, beans, wheat bran, and other allergens. Funded in part by the US Administration on Aging and The Rhode Island Office of Health Aging.</b>