



February News

1210 Putnam Pike , Chepachet, RI 02814 401-567-4557 www.glocesterri.org

Need help paying
your residential
heating bills?

LIHEAP

May help income
eligible households
pay their heating bills,
offers weatherization
services, and may be
able to assist in
heating crisis situa-
tions. Ask me for info

LUNCH Reservations

Must be made by
Wednesday the week be-
fore you wish to eat.

(401) 567-4557



*****Reminder*****

Please do not come to
the Center if you are
sick or have any symp-
toms such as fever,
chills, coughing,
sneezing, runny nose
or a sore throat.

Tax filing services at no charge

We are pleased to announce that volunteer Tax Counse-
lors from the VITA Tax Aide Program will visit the
Glocester Sr. Center on :

Wednesday, March 11, from 10:00am-2:40 pm.

All participants should be reminded to bring the following es-
sential documents to the Center:

- ◆ Government-issued photo ID for the taxpayer(s) on the return
- ◆ Social Security Cards or ITIN documentation for all
- ◆ Copy of last year's tax return
- ◆ Income documents – Forms W2, SSA 1099, 1099R, 1099G, other 1099 forms, self-employment records
- ◆ Healthcare –Forms 1095 A if have marketplace insurance
- ◆ Mortgage interest, medical/dental expenses, charitable donations, sales, income or property taxes
- ◆ Records of federal and state income taxes paid
- ◆ Educational expenses – Form 1098-T, student's detailed financial school account; other education expenses
- ◆ Checking or savings account info for direct deposit of refund or di-
rect debt of balance due
- ◆ Any recent IRS or state tax department correspondence

**Simple returns only Max allotted time is 40
minutes per return.**

Appointments are required See Melissa.

LET'S HAVE SOME FUN!!!



Glocester Senior Center Book Discussion 2026

Second Wednesday of each month at 1:00pm

- February 11 Apples Never Fall by Liane Moriarty
March 11 A Duty to the Dead by Charles Todd
April 8 This Dark Road to Mercy by Wiley Cash
May 13 Isola by Allegra Goodman
June 10 Remarkably Bright Creatures by Shelby Van Pelt

Guess who is back?!?!

Roseann!

Come enjoy some crafting time with our good friend

Roseann

February 12th @ 10:00am

We will be making a

Valentines Heart

wooden wall hanging

Dinner Meet Up

The Roast House in

Blackstone February 19th

Reservations are at 4:00 pm

Please RSVP with Melissa for reservation purposes.



Reiki with Carol

February 24th



By Appointment only

\$15 for a half hour

Session

Cash only, paid directly to Carol at time of service.

February 2026 MENU

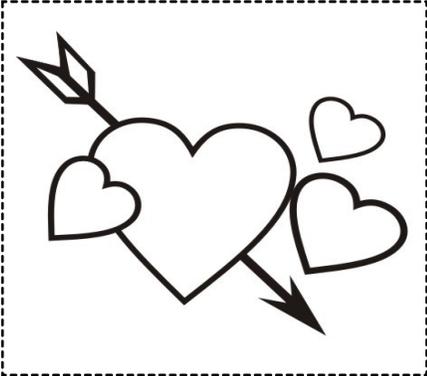
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 #1 Navy bean soup Chicken teriyaki Roasted vegetables Sweet potatoes Sliced peaches #2 Chicken salad on wheat	3 #1 Vegetable soup Lasagna roll up w/ meat sauce Greek cucumber salad Garlic bread Sugar cookies #2 Tossed salad w/ chicken	4 #1 Vegetable barley soup Mediterranean chicken Potatoes, mushrooms & tomatoes Sliced melon #2 Tuna salad plate	5 #1 Tomato rice soup Pork roast w/ gravy Mashed potatoes Green beans Cake #2 Greek salad w/ chicken	6 #1 Mediterranean Lentil soup Sausage & pepper sandwich Roasted Potato Cole slaw Watermelon #2 Turkey & cheese on wheat
9 #1 Escarole & bean soup Chicken Francese Lemon rice Roasted vegetable Chocolate chip cookie #2 Egg salad on rye	10 #1 Minestrone soup Creamy Dijon chicken Green beans Roasted potatoes Sliced pears #2 Seafood salad plate	11 #1 Tomato soup Sweet & sour pork Vegetable fried rice Stir fry vegetables Sliced melon #2 Turkey sandwich on wheat	12 <u>Valentine's Luncheon and DJ</u> Chicken escarole soup Chicken cordon bleu w/ gravy Roasted sweet potatoes Mixed vegetables Cake	13 #1 Broccoli & cheese soup Pub burger w/cheese 3 bean salad Chips Sliced apples #2 Greek salad w/ chicken
16 Closed in Observance of Presidents' Day	17 #1 Fresh fruit cup Beef stew w/ vegetables Roasted vegetables Chocolate chip cookie #2 Egg salad plate	18 #1 Vegetable soup Honey glazed pork roast Roasted potatoes Green beans Yellow cake #2 Tuna salad plate	19 #1 Mushroom barley soup Sliced turkey Mashed sweet potatoes Roasted carrots Sliced melon #2 Chef salad	20 #1 Navy bean soup Baked Fish Roasted zucchini mix Rice pilaf Peaches #2 Chicken salad sandwich
23 #1 Chicken barley soup Oven roasted chicken Rice pilaf Roasted vegetables Tropical fruit #2 Tossed salad w/ chicken	24 Pizza Day	25 #1 Chicken soup Swedish meatballs Mashed potatoes Broccoli florets Sliced melon #2 Italian grinder	26 #1 Kale & chickpea soup Pot roast w /gravy Roasted potatoes Balsamic glazed carrots Cake #2 Greek salad w/ chicken	27 #1 Tomato soup Baked fish sandwich Cole slaw Roasted sweet potatoes Sliced pears #2 Tuna salad on rye
			Dinner rolls are served with all meals	All menu items may contain nuts, seeds, beans, wheat bran, and other allergens. Funded in part by the US Administration on Aging and The Rhode Island Office of Health Aging.

February

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2. Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	3. Yoga.....9:30 Water color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Zumba Gold.....1:00 Bingo.....1:30	4. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Knitting.....2:00	5. Chair Yoga.....9:15 Pastel Art.....10:30 Meditation.....10:30 Hi Lo Jack.....1:00	6. Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Pool Tourney.....12:30 Cribbage.....1:00 Bingo.....1:30
9. Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	10. Yoga.....9:30 Water color.....10:30 Move it or lose it.....11:00 Samba.....1:00 Zumba Gold.....1:00 Bingo.....1:30	11. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....NO Book Club.....1:00 Cribbage.....1:00 Knitting.....2:00	<h2 style="margin: 0;">Valentine's Day Party</h2>	13. Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Cribbage.....1:00 Bingo.....1:30
	17. Yoga.....9:30 Jewelry Making.....10:00 Water color.....10:30 Move it or lose it.....11:00 Zumba Gold.....1:00 Samba.....1:00 Bingo.....1:30	18. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Knitting.....2:00	19. Chair Yoga.....9:15 Pastel Art.....10:30 Meditation.....10:30 Hi Lo Jack.....1:00	20. Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Pool Tourney.....12:30 Ice Cream Social.....12:30 Cribbage.....1:00 Bingo.....1:30
23. Co. line dance.....9:30 Sewing Class.....10:00 Hi/ Lo Jack1:00 Scrabble.....1:00	24. Yoga.....9:30 Water Color.....10:30 Move it or lose it.....11:00 Zumba Gold.....1:00 Samba.....1:00 Bingo.....1:30	25. Bone builders.....9:15 Mahjongg.....9:30 Keep Moving.....10:30 Cribbage.....1:00 Knitting.....2:00	26. ATEL.....9:00-11:00 Chair Yoga.....9:15 Pastel Art.....10:30 Hi Lo Jack.....1:00	27. Hairdresser.....BA Mahjongg.....9:00 Bone Builders.....9:15 Keep Moving.....10:30 Cribbage.....1:00 Bingo.....1:30

Valentine's Day Party

Join us for a great meal and DJ's Larry and Pauline playing all your favorite songs on the dance floor.



Chicken Escarole Soup
Chicken Cordon Bleu
Roasted sweet potatoes
Mixed vegetables
Cake

Space is limited so reserve yours today. \$3.00

ATEL

One on one
Tech Support
February 26th
By appointment

(Please Note: If the Tech is sitting alone the day of, you can approach him with questions)

Crafting with Casey

Join us
February 10th @
10:00 am
For a
Space is limited
RSVP today.



Exciting News!

Julie the hairdresser will now be at our Center every 4th Friday of each month offering basic services such as:

- ◆ Leave in shampoo w/cut only \$21
- ◆ Leave in shampoo w/cut and blow style dry \$26
- ◆ Leave in shampoo w/cut, blow dry, curling iron \$31
- ◆ Leave in shampoo w/ blow dry and curling iron set \$26
- ◆ Basic manicure \$21

Cash only paid directly to Julie the day of the service

Appointments last about a 1/2 hour and are required.

Please see Melissa if interested in scheduling a services.

Ice Cream Social

Friday February 20th
at 12:30

Sponsored by our friends

Health Concepts



Jewelry Making with Donna

February 17th
@ 10:00 am

Space is limited RSVP with
Melissa





Glocester Senior Center
Strawbery Banke Museum

Thursday, April 30, 2026
\$135.00 per person

YOUR MOTORCOACH WILL DEPART :

9:00AM Glocester Senior Center
Returns Approximately 6:00PM

Take a step back in time as we visit Strawberry Banke in Portsmouth, NH. View life in a simpler time as 350 years of American history unfolds around you in New Hampshire's oldest waterfront neighborhood. Stroll from house to historic house, greeted by costumed role players & performers who recreate the traditions of times past, rediscovering the joys of simpler times. Before our visit to Strawberry Banke you will go to the Old Salt Restaurant located in Hampton for lunch where you will have a choice of Baked Haddock, Fish and Chips, Tavern Tips or Teriyaki Chicken.

Please reserve no later than March 30, 2026 No Refunds after March 30, 2026

Contact: Melissa Bouvier (401-567-4557) / Check payable to: Glocester Senior Center
Strawbery Banke Museum, April 30, 2026/Full Payment due upon reservation.

Name: _____

Phone: _____ Address: _____

Emergency Contact:

Name _____ Phone: _____

Booking your trips through the Glocester Senior Center helps to support our activities

Please note times are subject to change.

TRIP OPERATED BY BLOOM TOURS